

# NATUROPATHICA®

## OUR HEALING ARTS CENTERS & SPAS

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Our Healing Arts Centers & Spas provide exciting and empowering entry points for our clients to discover, explore and enhance personal well-being. They are also our centers for innovation, where our founder and trusted healing arts practitioners develop our signature products and services. Discover our signature solutions for holistic skin care, natural immunity, stress relief, muscle and joint health and women's wellness.

### **Naturopathica East Hampton**

74 Montauk Hwy.  
East Hampton, NY 11937  
631.329.2525

At Naturopathica East Hampton, we've been inspiring our community to re-boot, relax and live well for over 20 years. Our passion for wellness translates into holistic facials and herbal massages using our celebrated skin and body products..

### **Naturopathica Chelsea**

127 W. 26th Street  
New York, NY 10001  
646.979.3960

Our flagship spa in New York City is an experiential destination for wellness. Naturopathica Chelsea offers holistic solutions that provide true and lasting results through our signature holistic facials and herbal massages, classes in our Sensory and Meditation Lounge, Vitality Bar featuring Herbal Remedies and our expansive assortment of award-winning products.

### **Holistic Skin & Body Care**

Experience the healing benefits of herbal massage and body treatments featuring our herb-infused oils and compresses. Or, experience the best of holistic skin care with facials that go beyond skin deep, featuring proven botanicals, clean cosmeceuticals and herbal remedies to promote healthy, radiant skin. .

### **Premier Well-being Specialists**

Consult with our trusted healers, estheticians, massage therapists and mind-body experts who deliver highly effective natural health treatments.

### **Vitality Bar**

Explore the healing benefits of herbal tonics, elixirs and teas, cold-pressed juices and kombucha on tap, as well as seasonal remedies to improve and sustain vitality.

### **Remedy Bar**

Discover our unique herbal dispensary featuring loose leaf teas from the finest estates in China, Japan, India, Nepal, Sumatra and Vietnam, as well as premium essential oils, herbal tinctures and customized remedies for optimal well-being.

### **Sensory and Meditation Lounge**

Reconnect and re-boot with breathtaking nature-inspired cinematography to reduce stress and restore vitality.

